

CAR SEAT CHRONICLES

CAR SEAT SAFETY. SPRING EDITION 2022



IT'S POTHOLE SEASON

Potholes form when water seeps into cracks in the road, freezes, and then thaws repeatedly. So you may notice extra bumpy rides once winter ends. Minimize the bumpy ride for your kids by installing their car seat tight enough. **It should not move more than 1 inch side-to-side, or front-to-back.**



REAR FACE AS LONG AS POSSIBLE

While Spring might be a season for change, don't change the direction your child is facing in the car too soon.

Rear facing in a car seat better protects a child's head, neck, and spine in the event of a crash. Keep your child's car seat rear facing until your child reaches the height or weight limits of that position in the car seat.



GROWTH SPURT?

Kids seem to *spring* up a few extra inches overnight. But just because they're taller, doesn't mean they're ready for the front seat.

Until puberty (approx. 13 years old) the bones aren't strong enough to withstand the impact of an airbag.

Keep your children safe, keep them in the back seat until they are 13 years old.



Have Questions?

We have trained car seat technicians who can help install your seat securely and answer any car seat questions you have.

Need a car seat? LCHD has free car seats available for eligible families.
Call (740) 349-6535